



# Swindon *fencing* Club

[www.swindonfencing.org.uk](http://www.swindonfencing.org.uk)

Welcome to SFC you have probably just finished a beginner's course and are wondering what to do next. Firstly come and talk to the club members, ask them for help kitting up or challenge them to a fight. We do not bite – well perhaps a little nip! It can be quite daunting at first but please do come and ask to fence with us – by doing this you will consolidate what you've been learning with the coaches and you will increase your confidence. It is also useful to watch a few matches so that you can see how they are refereed – this is a skill that takes a long time to master and many clubs members are still learning how to do it.

You may be considering buying some Fencing kit, there are several places you can go to shop – website details to follow. But, it is worth speaking to Neil, the club President as he can arrange a discount for you from Leon Paul – the club's preferred kit supplier. You may also wish to discuss the type of blade etc to buy with Mike, the club's Armourer, he will be willing to advise you on this matter.

You may also wish to take out some insurance – unfortunately accidents do happen – though luckily they are very infrequent in fencing. This can be done through the British Fencing Association (website to follow). On this site you can also find out information about fencing in general and a list of competitions – should you wish to follow that route.

We would also like to urge you to take part in the club competitions which are held for all three disciplines (foil, epee and sabre) at the beginning of the year – most members enter at least one competition. They are held on club nights during the normal fencing hours (8-10). If you need any information about competitions please contact Rosie or Austin.

Enclosed in this information pack is a standing order form to allow you to pay your fees more easily. If you pay by standing order you are entitled to a lesson with one of the club coaches; Shaun and Alan on club nights – this is on a first come first serve basis and you will need to write your name onto one of their lesson sheets. Please see either Alan or Shaun for details. They can also offer you lessons on a one-to-one basis in your own time at a reasonable rate.

We also arrange social evenings on a fairly regular basis and would be delighted for you to join us. At the bottom of this letter is a section for you to enter your contact details (we need this in case of emergencies, it is kept by the Membership Secretary – Richard Togwell, aqua Toggy) if you include your email address the Social Secretary, Jen will contact you regarding evenings out etc. If you have any questions please do not hesitate to ask anyone in the club – they are all willing to assist you.

Kind regards

The Committee

President: Neil Bromley  
Secretary: Vacancy  
Membership Secretary: Richard Togwell  
Social Secretary: Jennifer Stanford  
Armourer: Mike Bradbury  
Competition Secretary: Rosie Burgess  
Treasurer: Claire Cuthbert

#### Information

To contact us:

Swindon Fencing Club: [swindonfencingclub@hotmail.co.uk](mailto:swindonfencingclub@hotmail.co.uk)

#### Useful websites

Leon Paul: [www.leonpaul.com](http://www.leonpaul.com)  
Allstar: [www.allstar-fencing.com](http://www.allstar-fencing.com)  
British Fencing Association: [www.britishfencing.com](http://www.britishfencing.com)